



Limited Gym Activity Form

Below is a general idea of units in physical education class. Typically, there is about one week of skill building and two weeks of game play per unit.

Please check the physical activities that _____ may not participate in due to a diagnosis of _____ from _____ to _____.

- ___ Soccer
- ___ Fitness
- ___ Flag Football
- ___ Team Handball
- ___ Badminton
- ___ Basketball
- ___ Dance
- ___ Volleyball
- ___ Hockey
- ___ Softball
- ___ Frisbee
- ___ Lacrosse
- ___ Relay Races
- ___ Misc. team activities (kickball, capture the flag, etc)
- ___ Swimming (extended school year only)
- ___ Trampoline (extended school year only)

Please note any other restrictions to this student's physical education:

Physician's Signature & Physician's Stamp

Date